| 聖保祿醫院 St. Paul's Hospital | ZNAG_ | (V1) Mar 2023 | | |
|--|----------------------------------|-------------------------------------|--|--|
| Procedure Information Sheet – Above or Below - Knee | Visit No.: Name: Doc. No.: | Dept.: Sex / Age: Adm. Date: | | |
| O1 02 03 04 05 06 07 08 09 +10 +20 +30 +40 +50 +60 +70 +80 +90 | Attn. Dr.: Patient No.: PN | Please fill in affix patient's l | | |

Introduction

Amputation is the surgical removal of all or part of a limb. Below or above-knee amputation are some of the most commonly practised major amputations in orthopedic surgery. To patient, major amputation represents a loss of a major body part.

Indications

- 1. Dead limb: usually result from peripheral vascular disease but sometimes follows severe trauma or burns
- 2. Dangerous limb: with a malignant tumor or potentially lethal infection or because of a crush injury
- 3. Nuisance limb: because of rest pain, recurrent infection, gross deformity beyond reconstruction (either congenital or acquired) or severe loss of function

In Hong Kong, the most common causes of lower limb amputation are peripheral vascular disease and complications of diabetes mellitus, such as infection or intractable ulcerations. The level of amputation i.e. below or above the knee joint depends on the viability of the soft tissue, the level of infection and the knee joint deformity.

The Procedure

- 1. The operation will be performed under either general or spinal anaesthesia.
- 2. The skin, muscles, nerves and blood vessels are divided around the selected level of amputation; the bone(s) is then sawed.
- 3. Stop the bleeding; the soft tissue is closed around the bone end to create a stump.

Risk and Complication

- 4. A plastic drain is inserted into the stump to drain haematoma. The drain is usually removed within 2 days after the operation.
- 5. The skin is closed with stitches or staples and they are usually removed 2 weeks after the operation if the wound heals uneventfully.
- 1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
- 2. Surgical instruments or implant may be broken off and retained at the surgical site during operation.

A. Anaesthesia

Please ask the anaesthetist for details of anaesthetic complications.

B. In General

Heart attack, chest infection, stroke, deep vein thrombosis and pulmonary embolism, urinary tract infection etc. All can be fatal if severe.

C. Risk specific to operative site

- 1. Slow or non-healing of stump wound form bleeding haematoma, infection or wound dehiscence, requiring revision or further amputation
- 2. Wound scar problem such as repeated breakdown, hypersensitivity or contracture
- 3. Stump pain and numbness, phantom limb pain
- 4. Progression of disease and further amputation if not well controlled
- 5. Prosthesis related complications including skin ulceration, impingement by bony prominence, contracture etc.
- 6. Repeated surgery may be necessary to rectify the complications



Procedure Information Sheet – Above or Below - Knee Amputation

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Before the Procedure

- 1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complications.
- Blood tests, X-ray, correct and optimizing existing illness e.g. diabetes, asthma.
 Optimization of pre-existing medical
- conditions, e.g. heart disease, hypertension, diabetes mellitus, anaemia, asthma, etc.
- 4. Fast for 6-8 hours before the operation.

After the Procedure

- A. Hospital Care
 - 1. Compressive wound dressing is commonly used for controlling and minimizing of swelling.
 - 2. Patient with above-knee amputation is usually given a soft dressing which is sterile, compressive stump bandage.
 - 3. Patient with below-knee amputation is usually given a rigid dressing, such as a Plaster-of-Paris cast to protect the stump immediately after the operation. This "constant volume" dressing offers some advantages in minimizing the stump pain and controlling edema and knee joint contracture.
 - 4. Prosthesis may be prescribed for ambulatory rehabilitation, depending on the patient's training potential, condition before and after the operation.
- B. Home care after discharge
 - 1. Keep your wound, the cast or bandage and wound dressing clean and dry.
 - 2. Follow up on schedule as instructed by your doctor.
 - Please contact your doctor or go back to hospital if excessive bleeding, collapse, severe pain or signs of infection at your wound site such as redness, swelling or fever (body temperature above 38°C or 100°F) occurs.

<u>Remarks</u>

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

<u>Reference</u>

| Hospital Authority – Smart Patient Website |
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I acknowledge that the above information concerning my operation / procedure has been explained to me

by Dr. ______. I have also been given the opportunity to ask questions

and receive adequate explanations concerning my condition and the doctor's treatment plan.

and5.Inform your doctor of any medical conditionuson,and any medications you are taking. Thes.medications may need to be adjusted as

Visit No.:

Doc. No .:

Attn. Dr.:

Patient No.: PN

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Name:

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appropriate.6. Use of antibiotics to control infection if necessary

Dept.:

Sex / Age:

Adm. Date:

affix patient's label

7. Nursing staff will assist you to clean the skin and perform shaving if necessary.

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8. Counseling for rehabilitation plan.